

TEACHER INTRODUCTION BOOKLET



WELCOME TO FAST HEROES

ONE IN 4 people have the risk of having a **STROKE** in their lifetime. **YOU** have the chance to **MAKE A REAL DIFFERENCE** in stroke with your students taking the lead!

FAST HEROES is an award-winning animated character-based education initiative with a central character Timmy, who becomes a FAST hero by learning how to beat the **EVIL CLOT** and save his Grandheroes life.



OUR MISSION

Educate children to do two things:

1 Recognize the most common symptoms of stroke.

2 Call an ambulance when stroke symptoms appear.

THE IMPACT

The children will learn very important **LIFE SKILLS** of how to act in a medical emergency.

AS STROKES ARE AND REQUIRE EMERGENCY TREATMENT.



OUR TARGET AUDIENCE:

Teachers & Children aged 5 – 9.

(many schools implementation up to Grade 7)

**OUR
PARTNER:**



THE HEART
AND STROKE
FOUNDATION
SOUTH AFRICA

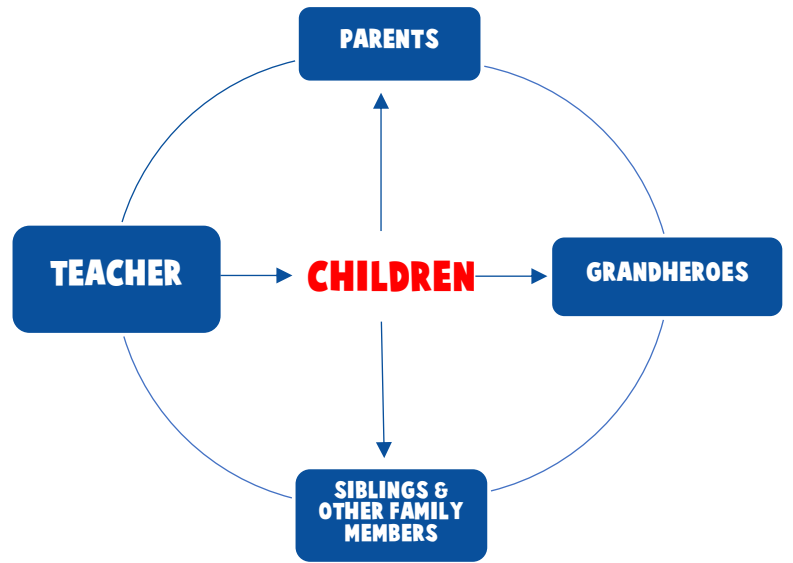
HOW THE PROGRAM HELPS SPREAD KNOWLEDGE

Research shows the program has the biggest impact when children are guided through their learning journey by their **TEACHER!**

Implementation in **SCHOOLS** is our key focus.

We also encourage the **PARENTS** to sign up and then they can also join in on the fun in the weeks that it is rolled out in school.

THE GRANDPARENTS will receive letters from the children, sharing the wonderful knowledge that they have gained at school.



THE CONCEPT

WEEK 1



Meet the
FAST Heroes

WEEK 2



Frank
FACE

WEEK 3



Armando
ARMS

WEEK 4



Sophia
SPEECH

WEEK 5



Timmy
TIME

MATERIALS

WORKBOOK



Each teacher & student will receive a FAST 112 activity book to work through with their class. Workbooks include interactive elements and four take home posters as well as 2 letters & envelopes to give to their grandheroes: as part of the students' mission, they are to provide "gifts of knowledge" to their families.

THERE ARE NO COST INVOLVED FOR A SCHOOL TO PARTICIPATE IN THIS INITIATIVE.

WEBSITE

The website is where the teachers will register to participate in the program. As a bonus your country coordinator will help you with this. See the **LET'S GET STARTED** section, on the next page, for more detail.

Parents and students are encouraged from the teacher to register on the website to gain access to the many resources.



E-BOOKS



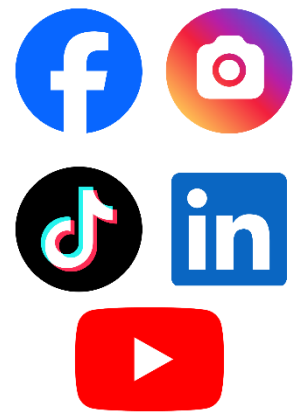
The teacher will have access to all five **E-BOOKS** through their individual login.

There is one for each of the five lessons to use in the classroom. The e-books guide the teacher and students through that week's learning. Each lesson takes 45-60 minutes in length to complete. E-books include interactive tasks, all embedded videos and the FAST heroes song. You will be all set!

**COMPLETE LESSONS (E-BOOK + ACTIVITY)
SHOULD NOT TAKE MORE THAN 1 HOUR PER WEEK.**

LET'S GET STARTED!

READY TO REGISTER ON OUR WEBSITE?



YES!

The **FAST HEROES** country coordinator will help support teachers to register and get the classrooms ready for the program!

TO REGISTER, THE FOLLOWING INFO IS REQUIRED TO BE SENT TO US:

NO – NOT QUITE READY?

No problem!

Stay connected to FAST Heroes on social media or pop us a WhatsApp.

Let us know when you think you might be interested in the program or if you have any questions that were not answered in this document.

SCHOOL NAME.

STARTING DATE OF PROGRAM. When do you want the 5-week program to kick off at in your classrooms•

DATE FOR TEACHER SESSION. The country coordinator will schedule a 1-hour online session to explain the program and how it works.

PHYSICAL ADDRESS OF SCHOOL.

FOR EACH CLASS THAT WILL PARTICIPATE:

- ☐ Teacher's Full Name & Surname
- ☐ Teacher's Email address
- ☐ Teacher's Phone Number
- ☐ Class name
- ☐ Number of learners

BEFORE YOU SEND THE EMAIL...

MAKE SURE YOU HAVE ALL THE INFO WE NEED, THEN SEND IT TO:

renathe.vandermerwe@iqvia.com

OR IF YOU HAVE MORE QUESTIONS, POP A WHATSAPP TO +27825235487



**TOGETHER WE CAN SAVE THE WORLD:
ONE GRANDPARENT AT A TIME**

Contact us to join the mission!

WWW.FASTHEROES.COM

or contact the country coordinator:

Renate van der Merwe

082 523 5487 or

renathe.vandermerwe@iqvia.com



Endorsed by



Supported by

